

Soft Skills Training Held From 11.12.2024 to 16.11.2024 at ESICH Peenya Bangalore.

Training program on Soft Skills was conducted at ESIC Hospital, Peenya, Bangalore from 11-11-2024 to 16-11-2024 spread over 6 days. All the cadres of staff were given training. Around 322 officials attended the training session.

Dr VEENA KUMARI K, Medical Superintendent, ESIC Hospital, Peenya was the speaker for the 6-days training program which was arranged in admin block between 2.30 PM to 3.30 PM.

The training was inaugurated by Dr Veena Kumari K, Medical Superintendent on 11/11/24 and Smt Kavitha L B , DNS I/C ESIC Hospital, Peenya welcomed the speaker with flower plant.

The training emphasized on how acquiring the soft skills are crucial for professional as well as personal development. Soft skills are personal skills that enhance the situational awareness and the ability of an individual to get the job done. Understanding and developing them would be the key to strong interpersonal relations, effective teamwork, achieve common shared goals and ensure organisational success. It enhances the professional competence and drives the behaviour and attitude. This broad category includes adaptability, work ethics, leadership skills, conflict resolution, problem solving, effective communication and listening skills, emotional intelligence, time management, empathy, etc.

Soft skills are essential to navigate through the complex interpersonal and social dynamics and ensure success and satisfaction.

The interactive workshop was actively participated and well appreciated by the participants.











